

St. Kateri Tekakwitha Parish

Office: 1500 Hanwell Road, Fredericton NB E3C 1N3 Phone (506) 444-6021

Father Bill Brennan, Parish Priest Website: stkateri.ca Email: office@stkateri.ca

Mass Schedule: St. Ann's Sunday @ 9:30 am/Holy Family Saturday @ 4:30 pm and Sunday @ 11:00 am

March 1st, 2026 – 2nd Sunday of Lent



World Day of Prayer 2026 "I Will Give You Rest: Come"

"Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light" –Matthew 11:28-30

Jesus' call to "come" and find rest is not just a momentary relief but an invitation to a new way of living in relationship with God. The concept of a 'yoke' might seem strange to us today, but it was a common image in Jewish teachings. Often, it symbolized the law or religious obligations. However, Jesus offers a different kind of yoke – one that brings rest rather than burden. (WDP Resources in Nigeria)



World Day of Prayer 2026 "I Will Give You Rest: Come"

Ecumenical Worship Service Information

St. Clements Anglican Church (6839

NB-102), Dumfries. Tuesday, March 4th at 1:30pm. Light refreshments will be served after the service. (Rain date: Friday, March 6th at 1:30pm)

St. Francis of Assisi Catholic Church (2130 Route 102), Lincoln. Friday, March 6th at 2pm. (Rain date: Friday, March 13th at 2pm)

St. John's Anglican Church (75 Main Street), Fredericton. Sunday, March 8th at 2pm. (Rain date: Sunday, March 15th at 2pm)

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Our Lenten Journey—Week Two

"A service that is sure: There are, for every one of us, dark nights of the soul, silences of God, cold lonely seasons, bitter times when God's appearances to us cannot be truly grasped or recognized. But if we faithfully help carry others, we will one day find ourselves before the person of Christ." –Ron Rolheiser, OMI, Daily Reflections for Lent

The following are some suggestions to help us with our journey over the next forty days using the key principles of praying, fasting and almsgiving:

- Commit to performing **40 acts of** kindness during Lent.
- **Unplug from social media** for 15 minutes a day or if you really want to challenge yourself, try it for one hour! Spend this time reading a passage from the Gospel or daily reflection booklet.
- Pay special attention to the **intercessions** at Mass and choose one to pray for during the week.



Symbols in Anticipation of Easter – Week Two: "White Garment". The use of the white garment at baptism dates back to the early days

of Christianity. After those who have been baptised from the baptismal pool, each was clothed in a new white garment. The white garment symbolized their new life.

Weekday Masses:

Tuesday, March 3rd, 7pm, Holy Family Church
Tuesday, March 10th, 10:30am, St. Ann's Church
Tuesday, March 17th, 7pm, Holy Family Church
Tuesday, March 24th, 10:30am, St. Ann's Church

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Note: Each Mass will be followed by one hour of Adoration of the Blessed Sacrament. If Fr. Bill is unable to celebrate a weekday Mass, a Stations of the Cross will be held.

'Show Me the Way' – Lent Sessions: The third session for our group gathering is on **Thursday, March 5th at 7pm at Holy Family Church.** We are using the book of Daily Lent Reflections by Henri Nouwen. Please speak to Judy Kelly if you have any questions (506) 478-7274.

Note from Father Bill:

The following is the prayer from Psalm 46:10. I use it at Mass sometimes to lead us into silence and stillness.

- Be still and know that I am God ... (pause)
- Be still and know that I am ... (pause)
- Be still and know ... (pause)
- Be still ... (pause)
- Be ... (pause)

Cookie Sunday Weekend: It's Cookie Sunday Weekend. Donations can be dropped off at Holy Family Church at the Saturday Mass or Sunday Mass at both St. Ann's Church and Holy Family Church. Thank you for your continued generosity of donated items for those in need and in support of our Outreach Ministry.

Food Bank "Everything Tomato & Pasta Campaign" will continue throughout the forty days of Lent. Help us once again to build our new tower of tomato and pasta food items!!



Development and Peace — Caritas Canada Share Lent Campaign: Dignity, participation, solidarity, the preferential option for the poor and integrity. These are the values at the heart of the work of Development and Peace — Caritas Canada, the official international development

organization of the Catholic Church in Canada. Since 1967, we've been walking hand in hand with communities in the Global South to promote **justice, peace and dignity.**

Guided by **Catholic Social Teaching**, we support **partner-led projects** that reach over **7 million people in more than 30 countries** around the world.

Watch this [one-minute video](#) for a glimpse of what this work of solidarity looks like. Share it widely; and join our efforts!

Symbols of Solidarity

2nd Symbol - A Nail: The nail symbolizes the sacrifices of communities in Brazil whose lives are disrupted by the Carajas railway. Stretching over 892 kilometres, trains with more than 300 open wagons, travelling over 892 kilometres, transport iron



ore constantly, causing numerous problems: noise, dust pollution and vibrations so strong that they crack the walls of houses. The communities are also affected by industrial agriculture, which transforms forests into huge monoculture fields where planes spraying pesticides cause additional pollution. All this is a very heavy cross to bear.

Together, let's walk hand in hand with communities in the Global South who are working for justice, peace and dignity. How?

By donating to a special collection on Solidarity Sunday Weekend, March 22nd, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34 countries around the world! Envelopes available in the lobby of the Church.

Get the Mini-magazine and follow the **Solidarity Calendar** with your family. Copies available in the lobby of the church.

Catholic Social teaching (CST) is central to our faith and the work of Development and Peace. Each Monday, discover a CST and learn how it helps building the Kingdom of God. Use the link: [Solidarity Calendar Activities](#)

2026 Men's Retreat ~ We are pleased to invite you to the 2026 Men's Retreat at Villa Madonna Retreat House, taking place **March 20-22, 2026**. The theme for this year is: **On Fire with the Spirit. Sent with Purpose. Igniting Heroic Faith. Registration:** To register online (deadline is March 6, 2026), please visit, <https://events.insogan.org/CHAA>

For more information please contact: menoffaith.nb@gmail.com

Rosary – Rosary is prayed every Thursday morning at 10:30am at Holy Family Church. During Lent we will be praying the Sorrowful Mysteries of the Rosary. Everyone is welcome.



Looking for Bingo Volunteers. A fundraiser bingo is being organised to support the Bilijk Elders Fundraising efforts for their annual trip to Ste. Anne de Beaupre. The bingo will take

place in the Hall of St. Ann's Church. For more details contact Terry Young at maliseet@hotmail.com or text 514-775-3058. Everyone is welcome!

THANK YOU

to everyone who helped support the Bake and Craft sale last weekend! This fundraiser organized by the confirmation class raised \$1289! Congratulations to the students in helping raise awareness and monies to support the John Howard Society of Fredericton and their work with people in our community experiencing hurt, hunger and homelessness.



Coldest Night of the Year Fundraiser: On **February 28th 2026**, the Confirmation Class from St. Kateri Tekakwitha Parish will be walking in the Coldest Night of the Year, a fun, family-friendly walkathon to raise money to support the John Howard Society of Fredericton and their work with people in our community experiencing hurt, hunger and homelessness.



The John Howard Society of Fredericton (JHSF) runs a variety of programs for youth and adults in our community to help them make better life decisions and lead happy and productive lives. JHSF owns five residential buildings, scattered across Fredericton, that provide supportive housing for 58 individuals who were previously experiencing homelessness, including five youth between 19 and 24 years of age. Residents all have a case manager who helps them with personal challenges in their lives.

They also have access to peer support and a mental health and addictions worker. Other services provided include:

- support youth in crisis with housing and supports,
- provide inclement weather response during times of extreme heat or cold to people experiencing homelessness and living rough,
- provide snacks and beverages to people experiencing homelessness who are clients of our Ironwood Resource Centre,
- deliver family programs to help kids do better in school,
- provide a lunch snack program to kids in need/provide breakfast to our shelter clients,
- run our peer support group that is free to anyone in the community who needs support in the topic areas of mental health, addictions, homelessness, grief and loss,
- cover some of the construction costs of our new family housing units for families experiencing homelessness due to domestic violence, and much more.

How to donate to the fundraiser: Our confirmation students are having a fundraiser for their team at Mass at Holy Family Church on **Saturday, February 21st and Sunday, February 22nd**. Craft and bake sale items will be for sale. Another way to donate by clicking <https://cnoy.org/location/fredericton> and under 'Teams' click "**Holy Family St Kateri**". Please support our students who are helping bring dignity to those who have lost all hope.

READINGS for March 1st

First Reading: Genesis 12:1-4

Second Reading: 2 Timothy 1:8b-10

Gospel: Matthew 17:1-9

Responsorial Psalm: Let your love be upon us, Lord, even as we hope in you.

Steubenville Atlantic Youth Conference & LEAD

Registration is now open. This is a call to all high schoolers to come and explore how Jesus meets our deepest longing for meaning, joy, and love. Join hundreds of Catholic teens at **Steubenville Atlantic in Halifax, July 10–12, 2026**, and encounter the transforming love of Christ. Youth in grade 9 through grade 12 are welcome to attend. If you are interested as a youth or a chaperone, you can learn more at <https://www.steubenville.ca> or to register click on the following link: [Steubenville Registration](#). You may also speak to Sharon Watts, Fr. Bill, or Patricia Lee, Director of Catechesis, Diocese of Saint John: 506-627-6465 or email catechesis@dioceseofsaintjohn.org

Gebretinsae Family to Arrive March 24

In March of 2023 the application for Mengestab Gebretinsae and his 3 children was submitted to IRCC (Immigration Canada) by our parish. A family from Eritrea, they had been living in Khartoum, Sudan for a number of years as refugees. Within weeks of the application being sent in, the civil war in Sudan broke out. The family first fled to southern Sudan, but soon moved on to Kampala, Uganda, where they have been living until now.

As well as being sponsored by the parish, they are being co-sponsored by Mengestab's sister, Letezghi, and brother-in-law, Mawael, who attend Mass at Holy Family with their children. Letezghi and Mawael are providing housing and other major support when Mengestab and children arrive on March 24, along with a settlement team of parishioners.



Left to right: father, Mengestab; daughter, Elda, 19 years old; son, Naod, 14; son, Naldo, 16.

Summary of Support for February 21st & 22nd

Regular/Loose	\$ 2,583.55
PAD (wkly. average)	2,298.46
Ash Wednesday	1,933.76
St. Patrick's Cemetery	15.00
Coldest Night	1,289.35
Building Fund	10.00
Parish Outreach	720.00
TOTAL	\$ 8,850.12

Mass Intentions at St. Ann's

Mar 1 st	James Andrew McAllister Margaret Francis
Mar 8 th	Angus Cameron
Mar 15 th	For the People
Mar 22 nd	Helen McLenaghan
Mar 29 th	For the People

Mass Intentions at Holy Family

Feb 28 th	Norma Brown
Mar 1 st	Jacques Ajaltouny
Mar 7 th	Mona Orem
Mar 8 th	For the People
Mar 14 th	Omar Doucet
Mar 15 th	Arthurenne Basque
Mar 21 st	Jerry Chessie Jr.
Mar 22 nd	For the People
Mar 28 th	Martin Clark
Mar 29 th	Paul McGrattan

READERS AT ST. ANN'S

Mar 1 st	John Monkhouse
Mar 8 th	Stacey Chessie
Mar 15 th	Elaine Geldart
Mar 22 nd	Carolann Doherty
Mar 29 th	Betty Colligan

READERS AT HOLY FAMILY

Feb 28 th	Paula Ryan / Anna Mae Snider
Mar 1 st	Patrick Burgoon / Carl Duivenvoorden Mandy Gilmore / Marijke Hurkens
Mar 7 th	Mary Beth Gorey / Roly McSorley
Mar 8 th	Anita & Ray Allain / Bonnie Deveau Victoria Olopade

EUCCHARISTIC MINISTERS AT HOLY FAMILY

Feb 28 th	Rita Maxwell / Harold DeCoursey
Mar 1 st	Rhadia Ange / Rhadissa Ange
Mar 7 th	Wanda Cairns / Margie Snell
Mar 8 th	JoAnne Linton / Verna McCloskey

Our Sacred Stories
A Trek through Darkness to Light: Lent to Easter
(Fr. John Jennings)

We do not always know where we are going. In the Jewish scriptures the Old Testament offers us many instances where the need for trust and hope is revealed. One of these moments is found in the person of Abram who, moved by God, leaves his family and his homeland in response to God's call (Gen. 12:1-4). Trust, faith and hope moved Abram to set out for a land he did not know, with a promise he did not fully understand, relying on a divine presence he had only begun to acknowledge. Such trust and its accompanying hope is a leap into the unknown and full of risks. We might be surprised at how often they are part of our lives.

Life is full of many experiences, many personalities, many challenges and many blessings. Some of these are very attractive, others, we would rather not have. They affect who we are and what we do in life. To have a full life, however, we need them all. Life for each of us has both challenges and blessings. Life-affecting experiences are what we mean when we speak about *grace*. *Grace* is the free gift of God's spirit and love touching our lives. This gift is with us always, but often unnoticed. From time to time though, we will become especially aware of such *grace*.

This *grace* is what Paul refers to in his Letter to Timothy (2 Timothy 1:8-10). Jesus the Christ has opened our minds and hearts to the continuous love and care of the God of our faith. As Paul would put it this grace is a light for us in the darkness that can often dominate our lives. The Gospel, that is the Good News of Jesus the Christ, is ultimately the proclamation of God's presence among us. Like all good news, it is not simply our own, but rather something to be shared and that is where we come into the story.

On this 2nd Sunday of Lent, our Gospel comes from Matthew (Matt.17:1-9). We hear the story of Jesus taking some of his disciples up a high mountain and there they experience the fullness of God in their presence. Jesus is transfigured before them and appears with two of the great Old Testament figures, Moses and Elijah. For that brief moment, the disciples have a glimpse of who Jesus is. It moves and affects them deeply. They wanted to remain there in this time of *grace*.

There are times when all of us are these disciples. We seek or search for this personal spiritual experience. We even long for a setting of personal prayer in quiet and peace. We need these moments to compose and discover who we are as disciples of Jesus the Christ.

These are our mountain experiences, discovering who we are and where we have been graced. But there is more.

The disciples could not remain on the mountain. It was not possible. Nor was it the point. The moment passes and they must return down the mountain to continue their journey with all its demands, both negative and positive. But they are affected deeply and the *grace* of the experience, the spirit it offered will change them. From disciples they will become witnesses and will themselves be bearers of the Good News they have encountered in their journey with Jesus. Such moments are life-affecting.

We cannot live always in the light at the top of the mountain. Often, we find ourselves in the darkness of the valleys. In such darkness, our healing rests in hope, the possibility of light. Matthew describes the transfiguration of Jesus to his disciples as a moment of light. They recalled it when enveloped in the darkness of Jesus's crucifixion. Their light was founded on his resurrection.

Those same disciples who went up on the mountain with Jesus, and who wanted to remain there, would ultimately go to the mountain of Calvary. From that darkness of the crucifixion, they would experience Easter and the Resurrection. These disciples would become apostles, announcing the Good News – Jesus the Christ is Risen and brings light and life into our world, Good News to be shared by all humanity. Lent must always become Easter, and disciples must always become apostles, bearers of Good News for all humanity.



Knights of Columbus
Saint Patrick's Breakfast

Sunday, March 8th
from 10:00AM to 1:00PM
at the Knicol Hall, 170 Regent Street.
Adults \$ 12.00, Children \$ 5.00
and Families \$ 35.00. Traditionally,
proceeds from our March
breakfast are used to support a
Seminarian. This year, we will be
supporting Ryan Tapley of
St. Kateri Tekakwitha Parish.
Everyone welcome.

